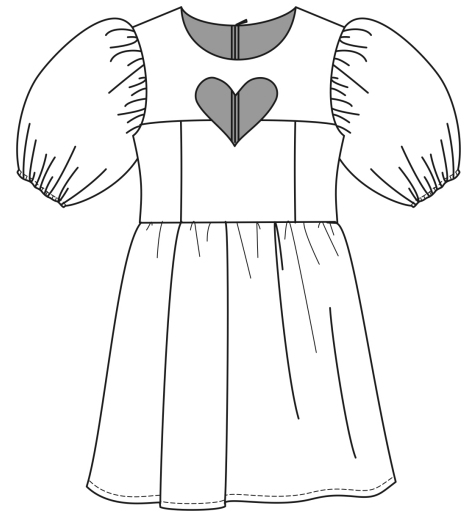


## The “Valentine cut out top” & blouse “Stella” dress

### Sewing instruction



#### Material list:

- Main fabric- varies a lot depending on your size and chosen skirt length  
with my parametres: 2.10 m (140 cm fabric width)  
for all sizes XS-XL- but with puzzling the pieces into the fabric!!
- Matching lining ~50 cm (no sleeve/skirt lining)
- Matching yarn (100 Nm or 120 Nm)
- Small elastic tape for the sleeve cuffs
- 1x standard zipper, 60 cm long

In the video tutorial I’m explaining step- by- step how to sew this dress. You’ll find it on my YouTube channel Koba.Siani- follow me for more creative ideas, there are also a lot of free tutorials and patterns! The tutorial is a bit less detailed this time, for more details please check out my Instagram live video series “heart dress”.

The free pattern for the “Valentine cut out top” from Jenny Grace is available via link in her Instagram bio:

<https://www.instagram.com/jennygrace>

Please wash your fabrics before sewing if these could shrink.

#### Choosing the correct size:

Please choose your size according to your chest width in the size chart from the Valentine top. Then choose the matching size for the “Stella” sleeve:

Top in size XS- sleeve in size 34

Top in size S- sleeve in size 36

Top in size M- sleeve in size 38

Top in size L- sleeve in size 40

Top in size XL- sleeve in size 42

Note for the pattern: please print it with 100% size, **NOT** “scale to fit to media”!

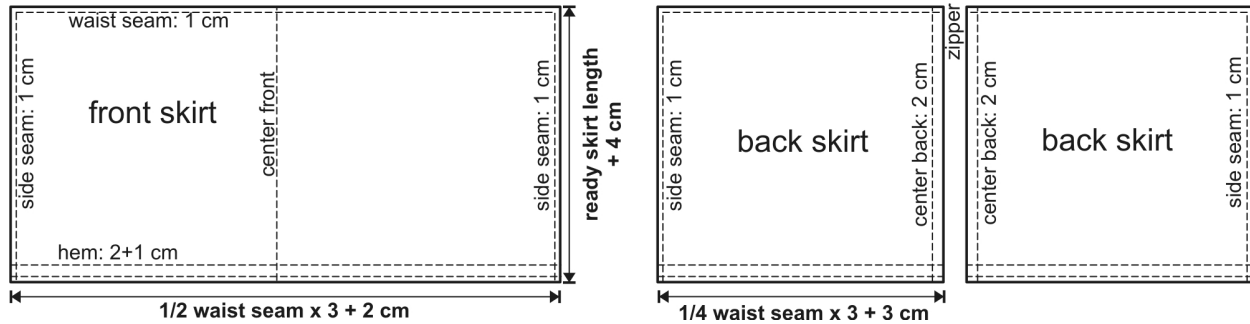
In my pattern and Jenny Grace’s pattern all seam allowances are included, I’m using also **1 cm mostly**. This is very very close to 3/8 inch! If I used another width for the seam allowance, I clearly mention it in the tutorial.

**Sewing plan, exactly like in the video:**

**1. Cutting the fabric**

Main fabric (ironed) and lining (only body), don't forget the notches!

Calculation for skirt parts:



Please measure the waist seam on your pattern (in your size) of the top; this is the calculation base for the width of the skirt. You can vary for more/less volume, then just change the multiplier (I chose 3 here)!

For the skirt length you can choose as you like- I made my ready skirt length 46 cm for example. 60 or 62 cm would be a nice length for a knee length if you prefer this.

All the seam allowances are marked in the sketch. Please note that we'll choose 2 cm for the center back as this is also given at the top center back.

**2. Top**

1. Sew the darts in the back (main fabric+ lining) and iron them to the center back
2. Assemble all front top parts (main fabric+ lining)
3. Iron seam allowances apart, cut into the seam allowances at roundings
4. Stitch the heart: lining+ main fabric right fabric side to right fabric side; trim seam allowance and cut into it, iron seam allowance first apart, turn around and press flat, stitch down seam allowance on the lining as far as possible to reach with the sewing foot
5. Sew in the zipper to the back lining panels (wrong zipper side to right lining side)- fold waist edge 1 cm to the wrong fabric side. Sew 1 cm from lining edge and tightly along the zipper tape edge.
6. Sew the front+ back neckline, trim seam allowance, cut into it, iron apart, turn around and iron neckline flat; for front: use the "burrito method" (rolling in the part under the heart)/ for back: wrap the center back seam allowance of the main layer around the zipper edge
7. Close shoulders and iron seam allowance apart
8. Stitch down the neckline seam allowance on the lining as far as you can get with your sewing foot
9. Close the side seams in main fabric and lining, iron seam allowances apart, iron lining 1 cm to the wrong fabric side along the waist edge

**3. Skirt**

1. Cast all side seams (pocket bags+ skirt) and center back edge
2. Sew pocket bags to skirt side seams, notch to notch, iron seams apart
3. Close the center back up to the zipper ending, iron seam apart
4. Close side seams notch to edge, iron seam allowance apart
5. Close pocket bags, cast the edges and thread in the seam ends if you've used an overlocker
6. Add bar tacks/ short seams at pocket endings (to secure these).

7. Make the hem: iron and pin, then stitch it.

#### **4. Assembling top and skirt**

1. Sew top and skirt part together (main fabric), iron seam allowance to the top
2. Stitch the lining from the outside; sewing along the previous seam line- now the inside is closed.
3. Stitch the zipper to the main layer from the right fabric side.

#### **5. Sleeves**

1. Cast the sleeve seam edges, close the sleeve seam and iron seam allowance apart.
2. Sew in the sleeve by gathering the sleeve head, distance between lower notches is not gathered. Notches don't align, I'm only aligning the shoulder seam with shoulder notch.
3. Make the sleeve hem, insert the elastic tape.
4. Cast armhole seam or add piping to clean up the edge.

***YOU'VE MADE IT!***